



Join [Bret Michaels](#) and become involved in American Diabetes Month®. This November, the American Diabetes Association is asking: *How will you [Stop Diabetes](#)®? The future is in your hands.*

Last November, the American Diabetes Association launched the Stop Diabetes movement, with the audacious goal of having 1 million people join in the first year. So far, more than 835,000 people around the country have raised their hand and pledged to join the fight.

There are plenty of ways you can become involved in American Diabetes Month and the Stop Diabetes movement this month. There is no time to waste. Diabetes is a disease with deadly consequences. Drastic action is needed. From everyone.

Tools are available to help spread the word for companies, community organizers and health care professionals. You can discover more ways to become engaged in American Diabetes Month by visiting [stopdiabetes.com](http://stopdiabetes.com), calling 1-800-DIABETES or texting JOIN to 69866 (standard data and message

